



Free youth and family counselling service

Inspiro provides a free generalist youth counselling service for young people aged between 12 to 25 years who live, work or study in the Yarra Ranges, and may be dealing with depression, anxiety, bullying, harrassment or managing relationships.

Sometimes we experience difficult challenges and getting support can be helpful. If you're feeling down, stressed out, angry, anxious or confused, our counsellors can help you gain skills to do things differently and build your confidence.

Our counsellors provide support to you from sites in Lilydale, Healesville, Tecoma and Yarra Junction, or at other locations by arrangement with you.



Inspiro's Youth and Family Counselling service is funded by the Yarra Ranges Council.



Phone 9738 8801

inspiro.org.au

Lilydale
17 Clarke Street
Lilydale Vic 3140

Tecoma
3/1527 Burwood Hwy
Tecoma Vic 3160

Healesville
333 Maroondah Hwy
Healesville Vic 3777